

# RANKING DE PORTUGAL - 2014 / 2015

a partir de 01-11-14

## FEMININOS

ACTUALIZADO : 30-10-2015

Marca Mínima para entrar no Ranking

1.22.00

### MEIA MARATONA

NOME	ANO	CLUBE	MARCA	LOCAL	DATA	RECORD PESSOAL		OBSERVAÇÕES	ÉPOCA	ÉPOCA	ÉPOCA	ÉPOCA	ÉPOCA	ÉPOCA	ÉPOCA	ÉPOCA	ÉPOCA
						MARCA	ANO		2013 / 2014	2012 / 2013	2011 / 2012	2010 / 2011	2009 / 2010	2008 / 2009	2007 / 2008	2006 / 2007	2005 / 2006
<a href="#">SARA MOREIRA</a>	85	SCP	1.09.18	LISBOA	22-03-15	1.10.08	2010		1.10.50	1.11.03	1.10.55	1.12.24	1.10.08			1.10.38	1.13.26
<a href="#">DULCE FÉLIX</a>	82	SLB	1.10.13	COMIBRA	11-10-15	1.08.33	2011		1.12.15	1.10.44	1.09.50	1.08.33	1.09.01	1.09.48	1.11.42		1.18.23
<a href="#">VANESSA FERNANDES</a>	85	SLB	1.12.37	OVAR	18-10-15	1.12.28	2006		1.16.39				1.15.41		1.13.35		1.12.28
<a href="#">FILOMENA COSTA</a>	85	ACDJS	1.12.47	VIANA DO CASTELO	18-01-15	1.14.32	2014		1.14.32		1.15.13	1.15.38	1.15.08	1.15.11	1.19.27	1.17.49	
<a href="#">SARA CATARINA RIBEIRO</a>	90	SLB	1.13.30	OVAR	18-10-15	1.14.01	2013		1.14.01		1.16.02						
<a href="#">CARLA SALOMÉ ROCHA</a>	90	SLB	1.14.39	OVAR	18-10-15	1.13.27	2014		1.13.27								
<a href="#">CLÁUDIA PEREIRA</a>	76	IND	1.14.52	OVAR	18-10-15	1.13.39	2013		1.13.39			1.18.28	1.18.45	1.16.16	1.15.17	1.13.52	1.17.23
<a href="#">LEONOR CARNEIRO</a>	78	SCP	1.15.09	VIANA DO CASTELO	18-01-15	1.11.36	2007		1.16.26		1.13.33	1.14.52	1.13.30	1.14.09	1.14.01	1.11.36	1.13.05
<a href="#">ANÁLIA ROSA</a>	76	SCP	1.15.10	CORTEGAÇA	10-05-15	1.10.30	2009		1.16.03	1.14.56	1.14.49	1.14.44	1.13.22	1.10.30	1.11.25	1.15.11	1.12.57
<a href="#">CARLA MARTINHO</a>	76	ADERC	1.15.11	OVAR	18-10-15	1.16.35	2008		1.18.37	1.17.55	1.19.36	1.17.03	1.18.56	1.18.10	1.16.35	1.17.39	1.17.42
<a href="#">DOROTEIA PEIXOTO</a>	83	ADMONT	1.15.20	BARCELOS	12-04-15	1.14.19	2012		1.16.03	1.15.02	1.14.19	1.15.05	1.15.41	1.16.33	1.16.26		
<a href="#">MÓNICA SILVA</a>	83	SLB	1.15.30	VIANA DO CASTELO	18-01-15	1.14.37	2011		1.15.25	1.15.52	1.14.47	1.14.37	1.15.23	1.16.13	1.16.37	1.17.38	1.18.56
<a href="#">LUIZA OLIVEIRA</a>	76	PARAV	1.16.03	RÉGUA	17-05-15				1.16.37	1.21.37		1.19.26					
<a href="#">VERA NUNES</a>	80	SLB	1.16.05	LISBOA	07-12-14	1.16.46	2013		1.16.46	1.18.20	1.19.09						
<a href="#">SUSANA CUNHA</a>	88	LPSC	1.17.32	VIANA DO CASTELO	18-01-15												
<a href="#">ANA DIAS</a>	74	PVAS	1.17.34	LISBOA	22-03-15	1.10.28	2003		1.18.28		1.13.17	1.15.24	1.15.00	1.13.10	1.13.49	1.10.40	1.13.56
<a href="#">CLARISSE CRUZ</a>	78	RBRUN	1.18.37	OVAR	18-10-15				1.15.37	1.20.30		1.20.00			1.19.57		
<a href="#">CÁTIA SANTOS</a>	92	GDE	1.18.37	OVAR	18-10-15	1.16.46	2014		1.16.46	1.20.08							
<a href="#">CRISTIANA VALENTE</a>	85	BFC	1.19.37	VIANA DO CASTELO	18-01-15												
<a href="#">EMILIA KUMOS ( POL )</a>	86	JV	1.19.46	CORTEGAÇA	10-05-15												
<a href="#">JOANA NUNES</a>	85	ADERC	1.19.50	OVAR	18-10-15	1.18.29	2013		1.18.29	1.18.54	1.21.41						
<a href="#">SOLANGE JESUS</a>	87	SCP	1.19.52	OVAR	18-10-15	1.17.46	2012				1.17.46						
<a href="#">ANABELA GOMES</a>	78	GDRR	1.20.46	LISBOA	07-12-14												
<a href="#">SÓNIA PINTO</a>		AALMEI	1.20.59	OVAR	18-10-15												
<a href="#">LISA DA SILVA</a>			1.21.37	LISBOA	07-12-14												
<a href="#">VANESSA CARVALHO</a>	91	CYCL	1.21.55	VIANA DO CASTELO	18-01-15												
<a href="#">ROSA MADUREIRA</a>	77	IND	1.22.00	AMARANTE	25-01-15				1.18.01	1.19.58							

Para qualquer correcção, sugestão ou comentário a este Ranking é favor enviar para:  
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